

## CHANGING LIVES, STRENGTHENING OUR COMMUNITY

## Mental Health Speaker Series: Understanding Eating Disorders

Thursday, February 28, 2019, 6:30PM-7:30PM Rose E. Schneider Family YMCA Community Room

Presented by: Liz McCabe, PhD, LCSW Pittsburgh Site Director, The Emily Program

Information presented will include an overview of the various types of eating disorders, warning signs, medical complications, treatments, and how to talk with someone who might be struggling. There will be time for questions and answers.

## **Free Community Event!**

Register through the Y, inhouse and online.



For more information, please contact

Carrie Ohorodnyk, Executive Director: cohorodnyk@bcfymca.org 724.452.9122 x232