

Butler Community Support Program (CSP)

A.W.A.R.E. Newsletter

(Advocacy, Wellness, Awareness, Recovery, Empowerment)

September 2018



CSP is a coalition of mental health consumers, family members, professionals and community members working to help adults with serious mental illnesses and co-occurring disorders live successfully in our community. CSP groups are at numerous levels—counties, regions and state. We use our combined strengths to help promote positive system changes. We work towards improving services, using advocacy, and helping to promote understanding and reducing stigma. In Butler, our CSP meets on the second Wednesday of every month, starting at 2 PM. We meet in the downstairs meeting room of the Butler Library. All are welcome!



What Are We Doing in September?

At our meeting on September 12 and we will be discussing adult mental health services. Butler County is fortunate to have an array of services and providers in our county. Butler County residents can always call and get any information they may need about services. The best places to call are the Butler Human Services office (724-284-5114), the Center for Community Resources (724-431-0095) or the Mental Health Association (724-287-6844).

Join us and help us to make a meaningful difference in the lives of those with mental illness and substance abuse disorders. Call Tara Hamilton at Butler County Human Services to join us! The number is 724-284-5114. Or just show up at the downstairs meeting room at the Butler Public Library on the second Wednesday of every month at 2pm. All are welcome!

Announcements from August's Meeting

- ◆ If you would like to be added to the email distribution list for our meeting minutes, contact Tara Hamilton at 724-284-5114.
- ◆ Southwestern PA Human Services, Inc. (SPHS) is starting a LGBTQ+ Therapy Group. It is for adults ages 18 and over and will be held on Mondays from 4 PM—6 PM. Call 724-234-1370.
- ◆ September is National Suicide Awareness and Prevention Month. Butler County has a Suicide Coalition that is planning several events. Call 724-284-5114 for more information or to join the group.
- ◆ Value Behavioral Health/Beacon Health Options will be having their 12th Annual Family Forum on Thursday, October 4 from 9 AM—3 PM. The event is free of charge and will be held at the Pittsburgh Marriott North in Cranberry Township. Look on the VBH-PA website to register.
- ◆ The 2nd Annual Torrance Trot is scheduled for Saturday, September 15. You can register on : runsignup.com



Summary of August's Meeting

At August's Butler CSP meeting, we had a presentation from LIFE Butler County. LIFE stands for "Living Independence for the Elderly". This program is a partnership between Lutheran SeniorLife and Butler Health System. It is funded through Medicaid and Medicare. The organization is headquartered at 231 West Diamond Street in Butler. The agency offers numerous supports that allow participants to live at home as long as possible. They offer many services and supports, including medical care, adult daycare and home care services. Currently, Butler's LIFE program has 202 participants.

There are eligibility requirements for the program. If you would like more information, please call 724-287-5433 or check out their website, which is: www.lutheranseniorlife.org/LIFE.

We also discussed Consumer and Family Satisfaction Team surveys. Grapevine Center in Butler has the contract to do these surveys. The surveys are important because it gives us feedback regarding the behavioral health services that are available in our county. If you would like to complete a survey, just call the CFST team at 724-283-1704. It is important to give YOUR feedback on services!

We are only as good as you make us! Submit information to AWARE by emailing Rita at rlane@swsix.com.