

KCIT Conference Agenda

May 2, 2018

Day 1

11:00 – 1:00 PM **Arrival/Registration**

1:00 – 1:45 PM **Welcome Session**

Michelle Kern and Keynote Lynn Shiner

1:45 – 3:15 PM **Session 1**

A Grief Trajectory – Lynn Shiner and Lisa Zoll

According to Fredrik Backman in *A Man Called Ove*, death is a strange thing. It is also perplexing, puzzling, and mysterious. It is a unique and unpredictable process for each person, and responses are highly personal. There have been scholarly attempts to put the process into stages, states, and tasks. While these efforts provide a roadmap for clinicians who treat individuals experiencing grief, there is little that can be done to harness the grieving process into a straight path that can easily be followed by those who grieve.

Lisa Zoll, LCSW and Lynn Shiner have created a new model for how we look at the journey of grief: the event, the work, and the forever. It is designed with the following shortcomings of traditional models: it eliminates stages, expectations, expected order of stages, timeframes, and closure.

Healing Through the Alphabet: Providing Trauma – Informed Care for LGBTQ+ Individuals: This is continues to session 2 – Joyce Darakcioglu and Tiffini Lanza

Healing Through the Alphabet: Providing Trauma – Informed Care for LGBTQ+ Individuals will provide information on a variety of topics that will allow the learner to leave feeling more competent providing crisis intervention and trauma informed services to LGBTQ+ individuals. We will provide information on development, gender development, and LGBTQ+ development. Then we will discuss psycho-education regarding trauma and how it impacts our brains and bodies, while focuses on secondary trauma that LGBTQ+ individuals may experience. We will discuss symptoms of trauma through a lens that focuses on how these symptoms may show in LGBTQ+ individuals. This workshop will look at themes that come with trauma, such as victim blaming and working with different community systems to understand the experiences LGBTQ+ individuals may have. We will provide an opportunity to examine and discuss case studies. Finally, we will provide a practical application and best practice piece so participants can walk away with new skills to use. This workshop will combine lecture, short videos, case studies, small group work, and discussion.

Project Able - Interactive

3:15 – 3:30 PM **BREAK**

3:30 – 5:00 PM **Session 2**

Healing Through the Alphabet: Providing Trauma – Informed Care for LGBTQ+ Individuals

Continues from session 1

Vicarious Trauma- It's Contagious so Beware! – Lynne Feldman

Vicarious Trauma (VT) impacts anyone exposed to trauma or victims of trauma on a routine basis. This workshop will explore not only the signs, symptoms, and how to address VT, but strategies for prevention. Tools for self-care that specifically target the warning signs of VT will be reviewed. Various approaches to how organizations can proactively address VT of their staff will be discussed.

Project Able - Interactive

4:45 – 7:00 PM **Dinner on Your Own**

7:00 – 10:00 PM **Ice Cream Social/Newtown Movie**

Optional

Newtown, the film, follows three families of the Sandy Hook shooting as they learn to cope with what has happened to their family and town. A panel discussion will take place following to discuss the film from an educational background.

May 3, 2018

Day 2

8:00 – 9:00 AM **Continental Breakfast**

9:00 – 10:30 AM **Session 3**

Best Practices and Policies for Working with LGBTQ when Victims of Crisis - Christiana Paradis, Jeremy Armstrong, Hillery Cramer, Tory Smith

This discussion session will incorporate best practices for working with LGBTQ+ victims in crisis. This session will include structured discussion questions regarding program services as well as a brief overview of recommendations based on policy, practice, and theory.

Creating a Just in Time Training: Revising the Down and Dirty – Jim Fouts

Whether you need additional untrained support personnel, need to explain the basics of crisis intervention to local follow up teams or need to explain the KCIT model to large groups of people creating a unique Just in Time Training is an essential part of any programs toolbox.

Interfere ACEs development with Resilience – Angela Keen

Childhood trauma, ACEs, are common. With this recognition, it is critical to work with youth to recognize and develop their resilience and coping strategies to mitigate the long-term effects of trauma exposure.

Beyond the Basics of Disaster Spiritual Care - Tom Kadel

Spiritual Care is a key component of care, yet many are unsure how to provide it. This presentation addresses key issues of spiritual care that can be used by various response disciplines

10:30 – 10:45 AM **BREAK**

10:45 – 12:15 PM **Session 4**

Individuals with Autism Spectrum Disorder and Crisis Intervention – Kate Hooven

This training will be presented by staff from the Autism Services, Education, Resources, & Training Collaborative (ASERT) Eastern Region and Kate Hooven, a Justice System Consultant, former Juvenile Probation Officer, and a mom of a son with autism.

Clinical overview of Autism Spectrum Disorder including core deficits and symptoms

How to practically apply information learned about Autism Spectrum Disorder to everyday job duties

Institutionalized Trauma – Angela Keen

Trauma passes through generations and has been shown to create genetic changes. There is a social component that has passed through generations that alters behaviors. Additionally, historical treatment of marginalized populations continues to pass through generations and is alive today. This workshop will explore these generational patterns strongly rooted in our history.

Lessons learned: Responding to Faith-Based Communities in the aftermath of sexual abuse - Leslie Davila

This session will provide participants with a better understanding of the Impact of the Clergy Abuse Scandal on Parish Communities, the unique challenges in working within a faith based for a community crisis response, and provide tools to better respond to the needs of a faith based community.

Teaching Moments in a Crisis Situation - Jim Fouts

Educating victims in crisis provides them with basic skills for recovering from the event. It connects them with their own resilience, provides a sense of hope for regaining a sense of control over their life, prepares them for the potential problem areas they may face in the future, and provides them with new skills and resources to deal with those challenges. We will learn how to recognize teachable moments, choose what to teach, connect victims to their own resilience and provide hope.

12:15 – 1:15 PM **LUNCH and awards**

1:15 – 1:30 PM **BREAK**

1:30 – 3:00 PM Session 5

The Opioid Crisis: First Responders, the Invisible Victims - Barb Ertl

The frequent and repetitive response to overdose victims is taking its toll on first responders and emergency department personnel. This workshop is designed to explore the common responses to this trauma and typical coping strategies to deal with them.

Body Based Interventions for Helping Survivors Cope With the Immediate Aftermath of a Trauma - Charity O'Reilly and Kelly Hagenbaugh

In this session, Charity O'Reilly and Kelly Hagenbaugh will discuss and model helpful ways that first responders of all kinds can engage survivors in body-based interventions in the immediate aftermath of a trauma. Participants will learn how trauma is stored in the body, and what methods can be used for releasing trauma from the body.

The Downhill Slide in Some Families - John Sushereba

This session will help participants identify what is happening systematically as communication between parents and children falls apart. Learn a significant strategy to address the problems and begin a positive pathway toward reconciliation. This is an informative training that has been taught for over 30 years and will help the participants recognize common but ineffective responses and understand how a practical effort at forgiving can make a needed and true difference in family and personal relationships.

3:00 – 3:15 PM BREAK

3:15 – 4:45 PM Session 6

The Survivor Journey: Learning to Heal - Keynote Heather Martin

This presentation will explore and share commonalities in the mass trauma survivor journey toward recovery and coping. While every situation and survivor are different, this presentation will explore the threads that appear as individuals begin the journey of discovering "a new normal" and ways of incorporating their experiences into life. Combining her unique experience as a survivor of the Columbine High School shooting and co-founder of the Rebels Project, which has brought together communities of survivors, this presenter will share important reflections and a wide range of examples for analysis.

4:45 – 6:00 PM Session 7

Networking and meet exhibitors plus basket raffle

May 4, 2018
Day 3

7:30-8:15 AM **Trauma Informed Yoga**
8:00-9:00 **Continental Breakfast**
8:45 -10:15 **Session 8**
 Mass Violence Toolkit (TTAC)

This session will examine OVC's mass violence toolkit that is available for anyone to use in the planning, aftermath, or recovery of a mass violence incident.

10:15-10:30 **Break**
10:30 -12:30 **Session 9 - Keynote**
 Safety is Personal: Lessons Learned as a Survivor of the Virginia Tech Tragedy-
 Ms. Kristina Anderson
 Leadership Lessons from Columbine and Beyond - Mr. Frank DeAngelis
12:30 – 1:15 **Lunch with ability to write questions for the Q&A session**
1:15 -2:00 **Q&A**
2:00 – 2:30 **Closing**
 Michelle Kern

*This training has been approved for 15 PCCD training hours. An optional 3 hours have been approved for attendance at the Newtown film and discussion.

Day 1 – 3.75 hours
Day 2 – 6 hours
Day 3 – 5.25 hours

*This is a tentative agenda and subject to change. Check back on the website periodically to see the full current agenda.
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